INTRODUCTION EPHESIANS

What we know about God and what we do for God have a way of getting broken apart in our lives. The moment the organic unity of belief and behavior is damaged in any way, we are incapable of living out the full humanity for which we were created.

Paul's letter to the Ephesians joins together what has been torn apart in our sin-wrecked world. He begins with an exuberant exploration of what Christians believe about God, and then, like a surgeon skillfully setting a compound fracture, "sets" this belief in God into our behavior before God so that the bones—belief and behavior—knit together and heal.

Once our attention is called to it, we notice these fractures all over the place. There is hardly a bone in our bodies that has escaped injury, hardly a relationship in city or job, school or church, family or country, that isn't out of joint or limping in pain. There is much work to be done.

And so Paul goes to work. He ranges widely, from heaven to earth and back again, showing how Jesus, the Messiah, is eternally and tirelessly bringing everything and everyone together. He also shows us that in addition to having this work done in and for us, we are participants in this most urgent work. Now that we know what is going on, that the energy of reconciliation is the dynamo at the heart of the universe, it is imperative that we join in vigorously and perseveringly, convinced that every detail in our lives contributes (or not) to what Paul describes as God's plan worked out by Christ, "a long-range plan in which everything would be brought together and summed up in him, everything in deepest heaven, everything on planet earth."

EPHESIANS

11, Paul, am under God's plan as an apostle, a special agent of Christ Jesus, writing to you faithful Christians in Ephesus. I greet you with the grace and peace poured into our lives by God our Father and our Master, Jesus Christ.

THE GOD OF GLORY

How blessed is God! And what a blessing he is! He's the Father of our Master, Jesus Christ, and takes us to the high places of blessing in him. Long before he laid down earth's foundations, he had us in mind, had settled on us as the focus of his love, to be made whole and holy by his love. Long, long ago he decided to adopt us into his family through Jesus Christ. (What pleasure he took in planning this!) He wanted us to enter into the celebration of his lavish gift-giving by the hand of his beloved Son

Because of the sacrifice of the Messiah, his blood poured out on the altar of the Cross, we're a free people—free of penalties and punishments chalked up by all our misdeeds. And not just barely free, either. Abundantly free! He thought of everything, provided for everything we could possibly need, letting us in on the plans he took such delight in making. He set it all out before us in Christ, a long-range plan in which everything would be brought together and summed up in him, everything

took such delight in making. He set it all out before us in Christ, a long-range plan in which everything would be brought together and summed up in him, everything in deepest heaven, everything on planet earth. It's in Christ that we find out who we are and what we are living for. Long before we first heard of Christ and got our hopes up, he had his eye on us, had designs on us for glorious living, part of the overall purpose he is working out in everything and everyone. It's in Christ that you, once you heard the truth and believed it (this Message of your salvation), found yourselves home free—signed, sealed, and delivered by the Holy Spirit. This signet from God is the first installment on what's coming, a reminder that we'll get everything God has planned for us, a praising and glorious life. That's why, when I heard of the solid trust you have in the Master Jesus and your outpouring of love to all the Christians, I couldn't stop thanking God for you—every time I prayed, I'd think of you and give thanks. But I do more than thank. I ask—ask the God of our Master, Jesus Christ, the God of glory—to make you intelligent and discerning in knowing him personally, your eyes focused and clear, so that you can see exactly what it is he is calling you to do, grasp the immensity of this glorious way of life he has for Christians, oh, the utter extravagance of his work in us who trust him—endless energy, boundless strength! All this energy issues from Christ: God raised him from death and set him on a throne in deep heaven, in charge of it all, has the final word on everything. At the center of all this, Christ rules the church. The church, you see, is not peripheral to the world; the world is peripheral to the church. The church is Christ's body, in which he speaks and acts, by which he fills everything with his presence.

HE TORE DOWN THE WALL

2 It wasn't so long ago that you were mired in that old stagnant life of sin. You let the world, which doesn't know the first thing about living, tell you how to live. You filled your lungs with polluted unbelief, and then exhaled disobedience. We all did it, all of us doing what we felt like doing, when we felt like doing it, all of us in the same boat. It's a wonder God didn't lose his temper and do away with the whole lot of us. Instead, immense in mercy and with an incredible love, he embraced us. He took our sin-dead lives and made us alive in Christ. He did all this on his own, with no help from us! Then he picked us up and set us down in highest heaven in company with Jesus, our Messiah.

Now God has us where he wants us, with all the time in this world and the next to shower grace and kindness upon us in Christ Jesus. Saving is all his idea, and all his work. All we do is trust him enough to let him do it. It's God's gift from start to finish! We don't play the major role. If we did, we'd probably go around bragging that we'd done the whole thing! No, we neither make nor save ourselves. God does both the making and saving. He creates each of us by Christ Jesus to join him in the

that we d done the whole thing! No, we neither make nor save ourselves. God does both the making and saving. He creates each of us by Christ Jesus to join him in the work he does, the good work he has gotten ready for us to do, work we had better be doing. But don't take any of this for granted. It was only yesterday that you outsiders to God's ways had no idea of any of this, didn't know the first thing about the way God works, hadn't the faintest idea of Christ. You knew nothing of that rich history of God's covenants and promises in Israel, hadn't a clue about what God was doing in the world at large. Now because of Christ—dying that death, shedding that blood—you who were once out of it altogether are in on everything. The Messiah has made things up between us so that we're now together on this, both non-Jewish outsiders and Jewish insiders. He repealed the law code that had become so clogged with fine print and footnotes that it hindered more than it helped. Then he started over. Instead of continuing with two groups of people separated by centuries of animosity and suspicion, he created a new kind of human being, a fresh start for everythedy. everybody.

Christ brought us together through his death on the Cross. The Cross got us to embrace, and that was the end of the hostility. Christ came and preached peace to you

outsiders and peace to us insiders. He treated us as equals, and so made us equals. Through him we both share the same Spirit and have equal access to the Father. That's plain enough, isn't it? You're no longer wandering exiles. This kingdom of faith is now your home country. You're no longer strangers or outsiders. You belong here, with as much right to the name Christian as anyone. God is building a home. He's using us all—irrespective of how we got here—in what he is building. He used the apostles and prophets for the foundation. Now he's using you, fitting you in brick by brick, stone by stone, with Christ Jesus as the cornerstone that holds all the parts together. We see it taking shape day after day—a holy temple built by God, all of us built into it, a temple in which God is quite at home.

THE SECRET PLAN OF GOD

3 This is why I, Paul, am in jail for Christ, having taken up the cause of you outsiders, so-called. I take it that you're familiar with the part I was given in God's plan for

As you read over what I have written to you, you'll be able to see for you outsiders, so-caned. I take it that you re familiar with the part I was given in God's plan for have heard of him all their lives (what I have written to you, you'll be able to see for yourselves into the mystery of Christ. None of our ancestors understood this. Only in our time has it been made clear by God's Spirit through his holy apostles and prophets of this new order. The mystery is that people who have never heard of God and those who have heard of him all their lives (what I've been calling outsiders and insiders) stand on the same ground before God. They get the same offer, same help, same promises in Christ Jesus. The Message is accessible and welcoming to everyone, across the board. This is my life work: helping people understand and respond to this Message. It came as a sheer gift to me, a real surprise, God handling all the details. When it came to prove the detain the calculation of the averiated for the same of the surprise. God handling all the idetails. When it came

to presenting the Message to people who had no background in God's way, I was the least qualified of any of the available Christians. God saw to it that I was equipped, but you can be sure that it had nothing to do with my natural abilities. And so here I am, preaching and writing about things that are way over my head, the inexhaustible riches and generosity of Christ. My task is to bring out in the

open and make plain what God, who created all this in the first place, has been doing in secret and behind the scenes all along. Through Christians like yourselves gathered in churches, this extraordinary plan of God is becoming known and talked about even among the angels! All this is proceeding along lines planned all along by God and then executed in Christ Jesus. When we trust in him, we're free to say whatever needs to be said,

bold to go wherever we need to go. So don't let my present trouble on your behalf get you down. Be proud!

W

My response is to get down on my knees before the Father, this magnificent Father who parcels out all heaven and earth. I ask him to strengthen you by his Spirit-not a brute strength but a glorious inner strength—that Christ will live in you as you open the door and invite him in. And I ask him that with both feet planted firmly on love, you'll be able to take in with all Christians the extravagant dimensions of Christ's love. Reach out and experience the breadth! Test its length! Plumb the depths! Rise to the heights! Live full lives, full in the fullness of God.

God can do anything, you know-far more than you could ever imagine or guess or request in your wildest dreams! He does it not by pushing us around but by working within us, his Spirit deeply and gently within us.

Glory to God in the church! Glory to God in the Messiah, in Jesus! Glory down all the generations! Glory through all millennia! Oh, yes!

TO BE MATURE

4 In light of all this, here's what I want you to do. While I'm locked up here, a prisoner for the Master, I want you to get out there and walk-better yet, run!---on the road God called you to travel. I don't want any of you sitting around on your hands. I don't want anyone strolling off, down some path that goes nowhere. And mark that you do this with humility and discipline—not in fits and starts, but steadily, pouring yourselves out for each other in acts of love, alert at noticing differences and quick at mending fences.

You were all called to travel on the same road and in the same direction, so stay together, both outwardly and inwardly. You have one Master, one faith, one baptism, one God and Father of all, who rules over all, works through all, and is present in all. Everything you are and think and do is permeated with Oneness.

But that doesn't mean you should all look and speak and act the same. Out of the generosity of Christ, each of us is given his own gift. The text for this is,

"He climbed the high mountain,

He captured the enemy and seized the booty, He handed it all out in gifts to the people.

It's true, is it not, that the One who climbed up also climbed down, down to the valley of earth? And the One who climbed down is the One who climbed back up, up to highest heaven. He handed out gifts above and below, filled heaven with his gifts, filled earth with his gifts. He handed out gifts of apostle, prophet, evangelist, and pastor-teacher to train Christians in skilled servant work, working within Christ's body, the church, until we're all moving rhythmically and easily with each other, efficient and graceful in response to God's Son, fully mature adults, fully developed within and without, fully alive like Christ. No prolonged infancies among us, please. We'll not tolerate babes in the woods, small children who are an easy mark for impostors. God wants us to grow up, to know the whole truth and tell it in love—like Christ in everything. We take our lead from Christ, who is the source of everything we do. He keeps us in step with each other. His very breath and blood flow through us, nourishing us so that we will grow up healthy in God, robust in love.

THE OLD WAY HAS TO GO

And so I insist-and God backs me up on this-that there be no going along with the crowd, the empty-headed, mindless crowd. They've refused for so long to deal with God that they've lost touch not only with God but with reality itself. They can't think straight anymore. Feeling no pain, they let themselves go in sexual obsession, addicted to every sort of perversion. But that's no life for you. You learned Christ! My assumption is that you have paid careful attention to him, been well instructed in the truth precisely as we have it in

Jesus. Since, then, we do not have the excuse of ignorance, everything—and I do mean everything—connected with that old way of life has to go. It's rotten through and through. Get rid of it! And then take on an entirely new way of life—a God-fashioned life, a life renewed from the inside and working itself into your conduct as God accurately reproduces his character in you.

What this adds up to, then, is this: no more lies, no more pretense. Tell your neighbor the truth. In Christ's body we're all connected to each other, after all. When you lie to others, you end up lying to yourself. Go ahead and be angry. You do well to be angry—but don't use your anger as fuel for revenge. And don't stay angry. Don't go to bed angry. Don't give the Devil

that kind of foothold in your life.

Did you used to make ends meet by stealing? Well, no more! Get an honest job so that you can help others who can't work. Watch the way you talk. Let nothing foul or dirty come out of your mouth. Say only what helps, each word a gift. Don't grieve God. Don't break his heart. His Holy Spirit, moving and breathing in you, is the most intimate part of your life, making you fit for himself. Don't take such a gift for granted. Make a clean break with all cutting, backbiting, profane talk. Be gentle with one another, sensitive. Forgive one another as quickly and thoroughly as God in Christ

forgave you.

WAKE UP FROM YOUR SLEEP

5 Watch what God does, and then you do it, like children who learn proper behavior from their parents. Mostly what God does is love you. Keep company with him and learn a life of love. Observe how Christ loved us. His love was not cautious but extravagant. He didn't love in order to get something from us but to give everything of himself to us. Love like that.

Don't allow love into that. Don't allow love to turn into lust, setting off a downhill slide into sexual promiscuity, filthy practices, or bullying greed. Though some tongues just love the taste of gossip, Christians have better uses for language than that. Don't talk dirty or silly. That kind of talk doesn't fit our style. Thanksgiving is our dialect. You can be sure that using people or religion or things just for what you can get out of them—the usual variations on idolatry—will get you nowhere, and certainly nowhere near the kingdom of Christ, the kingdom of God.

bon't let yourselves get taken in by religious smooth talk. God gets furious with people who are full of religious sales talk but want nothing to do with him. Don't

even hang around people like that. You groped your way through that murk once, but no longer. You're out in the open now. The bright light of Christ makes your way plain. So no more stumbling around. Get on with it! The good, the right, the true—these are the actions appropriate for daylight hours. Figure out what will please Christ, and then do it.

Don't waste your time on useless work, mere busywork, the barren pursuits of darkness. Expose these things for the sham they are. It's a scandal when people waste their lives on things they must do in the darkness where no one will see. Rip the cover off those frauds and see how attractive they look in the light of Christ.

"Wake up from your sleep, Climb out of your coffins; Christ will show you the light!"

So watch your step. Use your head. Make the most of every chance you get. These are desperate times! Don't live carelessly, unthinkingly. Make sure you understand what the Master wants.

Don't drink too much wine. That cheapens your life. Drink the Spirit of God, huge draughts of him. Sing hymns instead of drinking songs! Sing songs from your heart to Christ. Sing praises over everything, any excuse for a song to God the Father in the name of our Master, Jesus Christ.

RELATIONSHIPS

Out of respect for Christ, be courteously reverent to one another. Wives, understand and support your husbands in ways that show your support for Christ. The husband provides leadership to his wife the way Christ does to his church, not by domineering but by cherishing. So just as the church submits to Christ as he exercises such leadership, wives should likewise submit to their husbands. Husbands, go all out in your love for your wives, exactly as Christ did for the church—a love marked by giving, not getting. Christ's love makes the church whole. His words evoke her beauty. Everything he does and says is designed to bring the best out of her, dressing her in dazzling white silk, radiant with holiness. And that is

how husbands ought to love their wives. They're really doing themselves a favor—since they're already "one" in marriage. No one abuses his own body, does he? No, he feeds and pampers it. That's how Christ treats us, the church, since we are part of his body. And this is why a man leaves father and mother and cherishes his wife. No longer two, they become "one flesh." This is a huge mystery, and I don't pretend to understand it all. What is clearest to me is the way Christ treats the church. And this provides a good picture of how each husband is to treat his wife, loving himself in loving her, and how each wife is to how are husband. honor her husband.

6 Children, do what your parents tell you. This is only right. "Honor your father and mother" is the first commandment that has a promise attached to it, namely, "so you will live well and have a long life.'

will live well and have a long life." Fathers, don't exasperate your children by coming down hard on them. Take them by the hand and lead them in the way of the Master. Servants, respectfully obey your earthly masters but always with an eye to obeying the real master, Christ. Don't just do what you have to do to get by, but work heartily, as Christ's servants doing what God wants you to do. And work with a smile on your face, always keeping in mind that no matter who happens to be giving the orders, you're really serving God. Good work will get you good pay from the Master, regardless of whether you are slave or free. Masters, it's the same with you. No abuse, please, and no threats. You and your servants are both under the same Master in heaven. He makes no distinction between

vou and them.

A FIGHT TO THE FINISH

And that about wraps it up. God is strong, and he wants you strong. So take everything the Master has set out for you, well-made weapons of the best materials. And put them to use so you will be able to stand up to everything the Devil throws your way. This is no afternoon athletic contest that we'll walk away from and forget about in a couple of hours. This is for keeps, a life-or-death fight to the finish against the Devil and all his angels. Be prepared. You're up against far more than you can handle on your own. Take all the help you can get, every weapon God has issued, so that when it's all over but the shouting you'll still be on your feet. Truth, righteousness, peace, faith, and salvation are more than words. Learn how to apply them. You'll need them throughout the shouting is prepared. You're up against the more than the prepared weapon for the you can handle on your own. Take all the help you can be to the shouting you'll still be on your feet. Truth, righteousness, peace, faith, and salvation are more than words. Learn how to apply them. You'll need them throughout the shouting you'll still be on your but but the shouting you'll still be on your feet. Truth, righteousness, peace, faith, and salvation are more than words. Learn how to apply them. You'll need them throughout the shouting you'll still be peaced is certified on the there are increased in the take of the peaced.

your life. God's Word is an indispensable weapon. In the same way, prayer is essential in this ongoing warfare. Pray hard and long. Pray for your brothers and sisters. Keep your eyes open. Keep each other's spirits up so that no one falls behind or drops out. And don't forget to pray for me. Pray that I'll know what to say and have the courage to say it at the right time, telling the mystery to one and all, the Message that I,

jailbird preacher that I am, am responsible for getting out.

Tychicus, my good friend here, will tell you what I'm doing and how things are going with me. He is certainly a dependable servant of the Master! I've sent him not only to tell you about us but to cheer you on in your faith. Goodbye, friends. Love mixed with faith be yours from God the Father and from the Master, Jesus Christ. Pure grace and nothing but grace be with all who love our Master, Jesus Christ.

INTRODUCTION PHILIPPIANS

This is Paul's happiest letter. And the happiness is infectious. Before we've read a dozen lines, we begin to feel the joy ourselves-the dance of words and the exclamations of delight have a way of getting inside us.

But happiness is not a word we can understand by looking it up in the dictionary. In fact, none of the qualities of the Christian life can be learned out of a book. Something more like apprenticeship is required, being around someone who out of years of devoted discipline shows us, by his or her entire behavior, what it is. Moments of verbal instruction will certainly occur, but mostly an apprentice acquires skill by daily and intimate association with a "master," picking up subtle but absolutely essential things, such as timing and rhythm and "touch."

When we read what Paul wrote to the Christian believers in the city of Philippi, we find ourselves in the company of just such a master. Paul doesn't tell us that we can be happy, or how to be happy. He simply and unmistakably is happy. None of his circumstances contribute to his joy: He wrote from a jail cell, his work was under attack by competitors, and after twenty years or so of hard traveling in the service of Jesus, he was tired and would have welcomed some relief.

But circumstances are incidental compared to the life of Jesus, the Messiah, that Paul experiences from the inside. For it is a life that not only happened at a certain point in history, but continues to happen, spilling out into the lives of those who receive him, and then continues to spill out all over the place. Christ is, among much else, the revelation that God cannot be contained or hoarded. It is this "spilling out" quality of Christ's life that accounts for the happiness of Christians, for joy is life in excess, the overflow of what cannot be contained within any one person.

PHILIPPIANS

1 Paul and Timothy, both of us committed servants of Christ Jesus, write this letter to all the Christians in Philippi, pastors and ministers included. We greet you with the grace and peace that comes from God our Father and our Master, Jesus Christ.

A LOVE THAT WILL GROW

Every time you cross my mind, I break out in exclamations of thanks to God. Each exclamation is a trigger to prayer. I find myself praying for you with a glad heart. I am

The solution is a trigger to prayer. I find it is the section and to God. Each exchange of the prayer. I find in year praying for you with a grade near 1 and the solution is a trigger to prayer. I find in year praying for you with a grade near 1 and the solution is a trigger to prayer. I find in the section and the section is a trigger to be appendent of the present. There has never been the slightest doubt in my mind that the God who started this great work in you would keep at it and bring it to a flourishing finish on the very day Christ Jesus appears. It's not at all fanciful for me to think this way about you. My prayers and hopes have deep roots in reality. You have, after all, stuck with me all the way from the time two in jail, put on trial, and came out of it in one piece. All along you have experienced with me the most generous help from God. He knows how much I love and miss you these days. Sometimes I think I feel as strongly about you as Christ does!

So this source days, concerns a line of as which a source of a source days will not only love much but well. Learn to love appropriately. You need to use your head and test your feelings so that your love is sincere and intelligent, not sentimental gush. Live a lover's life, circumspect and exemplary, a life Jesus will be proud of: bountiful in fruits from the soul, making Jesus Christ attractive to all, getting everyone involved in the glory and praise of God.

THEY CAN'T IMPRISON THE MESSAGE

I want to report to you, friends, that my imprisonment here has had the opposite of its intended effect. Instead of being squelched, the Message has actually prospered. All the soldiers here, and everyone else too, found out that I'm in jail because of this Messiah. That piqued their curiosity, and now they've learned all about him. Not only

It's true that some here preach Christians here have become far more sure of themselves in the faith than ever, speaking out fearlessly about God, about the Messiah. It's true that some here preach Christ because with me out of the way, they think they'll step right into the spotlight. But the others do it with the best heart in the world. One group is motivated by pure love, knowing that I am here defending the Message, wanting to help. The others, now that I'm out of the picture, are merely greedy, hoping to get something out of it for themselves. Their motives are bad. They see me as their competition, and so the worse it goes for me, the better-they think-for them.

So how am I to respond? I've decided that I really don't care about their motives, whether mixed, bad, or indifferent. Every time one of them opens his mouth, Christ

is proclaimed, so I just cheer them on! And I'm going to keep that celebration going because I know how it's going to turn out. Through your faithful prayers and the generous response of the Spirit of Jesus Christ, everything he wants to do in and through me will be done I can hardly wait to continue on my course. I don't expect to be embarrassed in the least. On the contrary, everything happening to me in this jail only serves to make Christ more accurately known, regardless of whether I live or die. They didn't shut me up; they gave me a pulpit! Alive, I'm Christ's messenger; dead, I'm his bounty. Life versus even more life! I can't lose.

me a pulpit! Alive, I'm Christ's messenger; dead, I'm his bounty. Life versus even more life! I can't lose. As long as I'm alive in this body, there is good work for me to do. If I had to choose right now, I hardly know which I'd choose. Hard choice! The desire to break camp here and be with Christ is powerful. Some days I can think of nothing better. But most days, because of what you are going through, I am sure that it's better for me to stick it out here. So I plan to be around awhile, companion to you as your growth and joy in this life of trusting God continues. You can start looking forward to a great reunion when I come visit you again. We'll be praising Christ, enjoying each other. Meanwhile, live in such a way that you are a credit to the Message of Christ. Let nothing in your conduct hang on whether I come or not. Your conduct must be the same whether I show up to see things for myself or hear of it from a distance. Stand united, singular in vision, contending for people's trust in the Message, the good news, not flinching or dodging in the slightest before the opposition. Your courage and unity will show them what they're up against: defeat for them, victory for you—and both because of God. There's far more to this life than trusting in Christ. There's also suffering for him. And the suffering is as much a gift as the trusting. You're involved in the same kind of struggle you saw me go through, on which you are now getting an updated report in this letter.

HE TOOK ON THE STATUS OF A SLAVE

2If you've gotten anything at all out of following Christ, if his love has made any difference in your life, if being in a community of the Spirit means anything to you, if you have a heart, if you care—then do me a favor: Agree with each other, love each other, be deep-spirited friends. Don't push your way to the front; don't sweet-talk your way to the top. Put yourself aside, and help others get ahead. Don't be obsessed with getting your own advantage. Forget yourselves long enough to lend a

your way to the top. Fut yoursen aside, and not others get and a bart of the second status with God but didn't think so much of himself that he had to cling to the advantages of that status no matter what. Not at all. When the time came, he set aside the privileges of deity and took on the status of a slave, became human! Having become human, he stayed human. It was an incredibly humbling process. He didn't claim special privileges. Instead, he lived a selfless, obedient life and then died a

Because of that obselience, God lifed him high and honored him far beyond anyone or anything, ever, so that all created beings in heaven and on earth—even those long ago dead and buried—will bow in worship before this Jesus Christ, and call out in praise that he is the Master of all, to the glorious honor of God the Father.

REJOICING TOGETHER

What I'm getting at, friends, is that you should simply keep on doing what you've done from the beginning. When I was living among you, you lived in responsive obedience. Now that I'm separated from you, keep it up. Better yet, redouble your efforts. Be energetic in your life of salvation, reverent and sensitive before God. That energy is God's energy, an energy deep within you, God himself willing and working at what will give him the most pleasure. Do everything readily and cheerfully—no bickering, no second-guessing allowed! Go out into the world uncorrupted, a breath of fresh air in this squalid and polluted society. Provide people with a glimpse of good living and of the living God. Carry the light-giving Message into the night so I'll have good cause to be proud of you on the day that Christ returns. You'll be living proof that I din't go to all this work for nothing.

ot you on the day that Christ returns. You'll be living proof that I didn't go to all this work for nothing. Even if I am executed here and now, I'll rejoice in being an element in the offering of your faith that you make on Christ's altar, a part of your rejoicing. But turnabout's fair play—you must join me in my rejoicing. Whatever you do, don't feel sorry for me. I plan (according to Jesus' plan) to send Timothy to you very soon so he can bring back all the news of you he can gather. Oh, how that will do my heart good! I have no one quite like Timothy. He is loyal, and genuinely concerned for you. Most people around here are looking out for themselves, with little concern for the things of Jesus. But you know yourselves that Timothy's the real thing. He's been a devoted son to me as together we've delivered the Message. As soon as I see how things are going to fall out for me here, I plan to send him off. And then I'm hoping and praying to be right on his heels. But for right now, I'm dispatching Epaphroditus, my good friend and companion in my work. You sent him to help me out; now I'm sending him to help you out. He has been wanting in the worst way to get back with you. Especially since recovering from the illness you heard about, he's been wanting to get back and reassure you that he is just fine. He nearly died, as you know, but God had mercy on him. And not only on him—he had mercy on me, too. His death would have been one huge are for jule on too of all the others.

grief piled on top of all the others.

So you can see why I'm so delighted to send him on to you. When you see him again, hale and hearty, how you'll rejoice and how relieved I'll be. Give him a grand welcome, a joyful embrace! People like him deserve the best you can give. Remember the ministry to me that you started but weren't able to complete? Well, in the process of finishing up that work, he put his life on the line and nearly died doing it.

TO KNOW HIM PERSONALLY

3And that's about it, friends. Be glad in God! I don't mind repeating what I have written in earlier letters, and I hope you don't mind hearing it again. Better safe than sorry—so here goes.

Steer clear of the barking dogs, those religious busybodies, all bark and no bite. All they're interested in is appearances—knife-happy circumcisers, I call them. The real believers are the ones the Spirit of God leads to work away at this ministry, filling the air with Christ's praise as we do it. We couldn't carry this off by our own efforts, and we know it—even though we can list what many might think are impressive credentials. You know my pedigree: a legitimate birth, circumcised on the eighth day; an Israelite from the elite tribe of Benjamin; a strict and devout adherent to God's law; a fiery defender of the purity of my religion, even to the point of persecuting Christians; a meticulous observer of everything set down in God's law Book. The very credentials these people are waving around as something special, I'm tearing up and throwing out with the trash—along with everything else I used to take

credit for. And why? Because of Christ. Yes, all the things I once thought verses on important are gone from my life. Compared to the high privilege of knowing Christ Jesus as my Master, firsthand, everything I once thought I had going for me is insignificant—dog dung. I've dumped it all in the trash so that I could embrace Christ and be embraced by him. I didn't want some petty, inferior brand of righteousness that comes from keeping a list of rules when I could get the robust kind that comes from trusting Christ-God's righteousness.

I gave up all that inferior stuff so I could know Christ personally, experience his resurrection power, be a partner in his suffering, and go all the way with him to death itself. If there was any way to get in on the resurrection from the dead, I wanted to do it.

FOCUSED ON THE GOAL

I'm not saying that I have this all together, that I have it made. But I am well on my way, reaching out for Christ, who has so wondrously reached out for me. Friends, don't get me wrong: By no means do I count myself an expert in all of this, but I've got my eye on the goal, where God is beckoning us onward—to Jesus. I'm off and running, and I'm not turning back.

So let's keep focused on that goal, those of us who want everything God has for us. If any of you have something else in mind, something less than total commitment, God will clear your blurred vision—you'll see it yet! Now that we're on the right track, let's stay on it. Stick with me, friends. Keep track of those you see running this same course, headed for this same goal. There are many out there taking other paths, choosing other goals, and trying to get you to go along with them. I've warned you of them many times; sadly, I'm having to do it again. All they want is easy street. They hate Christ's

Cross. But drying to get you to go along with mean rive waited you of them many times, staty, if in ming to get you to go along with its day affect. They waited you of them make their bellies their gods; belches are their praise; all they can think of is their appetites. But there's far more to life for us. We're citizens of high heaven! We're waiting the arrival of the Savior, the Master, Jesus Christ, who will transform our earthy bodies into glorious bodies like his own. He'll make us beautiful and whole with the same powerful skill by which he is putting everything as it should be, under and around him.

4 My dear, dear friends! I love you so much. I do want the very best for you. You make me feel such joy, fill me with such pride. Don't waver. Stay on track, steady in God.

PRAY ABOUT EVERYTHING

I urge Euodia and Syntyche to iron out their differences and make up. God doesn't want his children holding grudges. And, oh, yes, Syzygus, since you're right there to help them work things out, do your best with them. These women worked for the Message hand in hand with Clement and me, and with the other veterans—worked as hard as any of us. Remember, their names are also in the book of life. Celebrate God all day, every day. I mean, revel in him! Make it as clear as you can to all you meet that you're on their side, working with them and not against them.

Help them see that the Master is about to arrive. He could show up any minute!

Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life.

Summing it all up, friends, I'd say you'll do best by filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious—the best, not the worst; the beautiful, not the ugly; things to praise, not things to curse. Put into practice what you learned from me, what you heard and saw and realized. Do that, and God, who makes everything work together, will work you into his most excellent harmonies.

CONTENT WHATEVER THE

CIRCUMSTANCES

I'm glad in God, far happier than you would ever guess—happy that you're again showing such strong concern for me. Not that you ever quit praying and thinking about me. You just had no chance to show it. Actually, I don't have a sense of needing anything personally. I've learned by now to be quite content whatever my circumstances. I'm just as happy with little as with much, with much as with little. I've found the recipe for being happy whether full or hungry, hands full or hands empty. Whatever I have, wherever I am, I can make it through anything in the One who makes me who I am. I don't mean that your help didn't mean a lot to me—it did. It

was a beautiful thing that you came alongside me in my troubles. You Philippians well know, and you can be sure I'll never forget it, that when I first left Macedonia province, venturing out with the Message, not one church helped out in the give-and-take of this work except you. You were the only one. Even while I was in Thessalonica, you helped out—and not only once, but twice. Not that I'm looking for handouts, but I do want you to experience the blessing that issues from generosity.

And now I have it all—and keep getting more! The gifts you sent with Epaphroditus were more than enough, like a sweet-smelling sacrifice roasting on the altar, filling the air with fragrance, pleasing God no end. You can be sure that God will take care of everything you need, his generosity exceeding even yours in the glory that

remembered to you.

Receive and experience the amazing grace of the Master, Jesus Christ, deep, deep within yourselves.